The abortion pill must be taken within 1 month of a missed period.

All clinic abortion procedures are safe and work almost every time.

If you are under 18, your state may require one or both of your parents to give permission for your abortion or be told of your decision prior to the abortion; in some states a judge may waive this requirement.

Abstinence is the lack of opportunity to have sexual encounters.

The birth control implant is a matchstick-sized rod that is inserted into the thigh by a doctor to prevent pregnancy.

The birth control patch is a hormonal birth control prescribed by a doctor and delivered through a patch worn on the skin for 3 weeks at a time.

Birth control pills are a hormonal birth control prescribed by a doctor and delivered through a pill taken every day for 3 weeks at a time.

The birth control shot is an injection of a hormone that prevents pregnancy for 5 years.

The sponge is made of plastic foam and contains spermicide. It is inserted into the vagina to prevent pregnancy.

A birth control ring is a small, flexible ring a woman wears on her hand to prevent pregnancy.

Breastfeeding can be used as birth control when, after giving birth, a woman breastfeeds her baby for up to 6 months.

A diaphragm is a shallow silicone cup inserted into the vagina to prevent pregnancy.

A cervical cap is exactly the same as a diaphragm.

Condoms are only necessary to use during vaginal sex.

The female condom is a plastic pouch that is inserted into the vagina before intercourse to prevent pregnancy and reduce the risk of sexually transmitted diseases.

Fertility-awareness-based methods, also called "natural family planning," are ways to track ovulation—the release of an egg—in order to prevent pregnancy.

The IUD, or intrauterine device, is a small, "T-shaped" device made of flexible plastic with either copper or hormones that prevent pregnancy. It is inserted into the uterus by a doctor.

Morning-after pills are emergency contraception, which may be used when you believe your primary form of contraception has failed (such as a broken condom). They can be bought over-the-counter without a prescription in most drugstores and pharmacies and work best when you take them within 72 hours (3 days) after unprotected sex (but you can take them up to 5 days after).

Outercourse is when you keep your clothes on while making out with someone.

A spermicide is a substance that prevents pregnancy by confusing the sperm.

Tubal sterilization is a surgical procedure in which a health care provider closes or blocks a woman's fallopian tubes and is permanent.

A vasectomy is an outpatient procedure in which a health care provider closes or blocks the tubes that carry sperm so that they cannot leave a man's body and cause pregnancy.

It is easier for a woman to get sterilized than for a man.

A man who uses withdrawal (also known as coitus interruptus or the pull-out method) will pull his penis out of the vagina before ejaculation.

Only women can be infertile.

Anything that brings bacteria in contact with the vulva and/or urethra can cause a urinary tract infection (UTI).

Having "Blue Balls," or going too long without ejaculation, can cause problems like testicular cancer.

Once cervical cancer develops, early signs can include abnormal bleeding, spotting, or watery discharge.

Ovarian cancer happens if abnormal cells in one or both of the ovaries grow uncontrollably. When this happens, the cancer cells can break through the surface of the ovary. It can then spread to other parts of the body.

Breast cancer screenings, such as breast exams or mammograms, help detect breast cancer in its earliest, most treatable stage.

A doctor must give these screenings.

If you are pregnant, you have three options to think about: abortion, adoption, and parenting.

A pregnancy test is always accurate as long as you take it a month after conception.

Miscarriages are usually caused by a genetic problem or other problem with the way the embryo or fetus develops.

In an ectopic pregnancy, a fertilized egg attaches to the wrong place in a woman's body.

Masturbation can be good for mental and physical health.

People who feel good about their bodies, sex, and masturbation are more likely to protect themselves from sexually transmitted diseases and unintended pregnancy.

Each time you get a physical your health care provider runs routine STI testing for you.

Chancroid is easily treated with antibiotics. Both you and your partner should be treated at the same time.

Because chlamydia has few or no symptoms, it can sometimes go untreated for a long time. If chlamydia is not treated, it can become a serious threat to your health.

You can diagnose genital warts on your own.

Both you and your partner must be treated for gonorrhea before you have sex again. That way you can avoid becoming infected again.

Hepatitis B is a liver infection caused by a virus. It can be serious and there's no cure, but the good news is it's easy to prevent.

Herpes, when diagnosed early, is a curable disease.

HIV causes people to become sick with infections that normally wouldn't affect them.

AIDS is short for acquired immune deficiency syndrome. It is the most advanced stage of HIV disease.

There are more than 100 types of HPV. HPV is so common that nearly all sexually active men and women get it at some point in their lives.

Molluscum contagiosum (a viral skin infection) can only be transmitted through intercourse.

Pelvic Inflammatory Disease caused by untreated chlamydia or gonorrhea is a serious infection that harms a woman's reproductive organs.

If you look for pubic lice with your naked eye or with a magnifying glass, they look like tiny pieces of rice.

Scabies causes rashes, irritation, and a ton of itching. It's easily spread to other people during skin-to-skin touching.

Syphilis causes sores on your genitals, which are usually painful; they can easily spread the infection to other people.

Often, trichomoniasis has no symptoms. Most people are not aware that they have the infection that is caused by a microscopic, one-cell animal called a trichomona.

Endometriosis is a condition where tissue that normally lines the inside of the uterus (called the endometrium) grows outside of the uterus, where it doesn't belong.

If your period changes in length or heaviness there is something wrong.

Women should have a Pap test about every 5 years.

If you have not had a period in more than a year, are not pregnant, or do not have another illness, you have most likely reached menopause.

Most people have small amounts of yeast in their mouths and intestines. Many healthy women have yeast in their vaginas. But sometimes this yeast grows too much and causes a yeast infection. Men can also get yeast infections on their scrotum.

Vaginitis is an uncommon irritation of the vulva or vagina.



