

1st Make a place in
your home where
you will think 
about Advent

Make it special by
putting your Advent
calendar, candle,
crib-set, or
wreath there.



2nd Find a jar
or pot and
decorate it
if you like 

Use it to collect coins
through Advent and
then give them
to a charity.

3rd Think back over
the last year 
What made you most happy?
Thank God for this.

1st Sunday of Advent

On the First Sunday of Advent
we remember people in the Old
Testament like Abraham and Sarah,
Moses and Miriam, David and
Solomon. We call them Patriarchs
– the mothers and fathers of
our faith – the people who first
responded to God's call.



The Lord said to Abram, "Leave your land, your family, and your father's household for the land that I will show you. I will make of you a great nation and will bless you. I will make your name respected, and you will be a blessing. I will bless those who bless you, those who curse you I will curse; all the families of the earth will be blessed because of you."

**Genesis
12:1-3**



Pray

God of Abraham and Sarah,
You gave them faith to
listen when you spoke,
and strength to go where
you sent them.

Help us to make room in our
lives to hear your loving call
and be ready to respond.
Amen.



4th Clear out a room, 
a cupboard or a shelf
Give away as much of it as you can.

5th Take time
to think
of someone
who has been
important to
you this year 

Tell them in a Christmas card
why they mean so much to you.

6th Look carefully
at a piece of holly 
or at a pine cone

Take time to notice
its shape,
its texture
and its
colors.





**Buy some food
and give it to your
local food bank** ☆



**Take time
out and do
something
really nice that
you have wanted
to do for a
long time** ☆



**Think of someone
you wouldn't
usually buy a present for** ☆
(and who may not buy you one)

**Give them
something you think
they would really like.**



**Feed the
birds** ☆
Maybe make
a fat ball
(see recipe on the website).

